



My mother-in-law Feli's meat loaf



Ingredients: (for 8-10 portions)

- ½ Kilo of ground pork meat
- ½ Kilo of ground beef meat
- 2 garlic gloves (chopped)
- ½ onion (chopped)
- ½ cup of chopped Persil
- ½ cup of breadcrumbs
- ½ cup of warm water
- 1 pouch of Lipton onion soup (28 grams)
- ½ cup of Ketchup
- 1 egg

How to prepare:

As simple as mix all the ingredients until they have a uniform consistency. Fill a cake mould with the mix. Preheat oven to 350°F (180°C) and bake during 1h 30. And... that's all folks!. Serve with mash potatoes and a sauce (tomate or onion gravy).

Papa Rafa

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